



North Raleigh Honor Band

Mentors' Handbook

2016-2017

revised August 2016

About Us

Music Is Instrumental (“MII”) is a service organization launched in 2015 by Hannah Scanlon with the support of her family to expand the musical education and performance opportunities for elementary and middle school youth in Raleigh, NC. Research shows that musical education has numerous benefits for students of all ages, including:

- preparing the brain for greater learning by developing motor skills, working memory and thinking skills,
- improving verbal retention and recall, advancing math achievement, and increasing SAT scores, and
- building creativity, self-esteem, attentiveness, and perseverance.

Musical education is also positively correlated with success in college, higher income careers, and a lifetime of volunteerism and political engagement for students from any socio-economic background.

Our vision is to provide music lessons, performance opportunities, and mentorship by accomplished high school musicians to every middle-school student in Raleigh, NC. We launched the North Raleigh Honor Band for an inaugural half-season in Winter/Spring 2016. The Honor Band is the first of what we expect will be many successful efforts to bring more music opportunities to the youth of Raleigh.

Key Personnel

Rashad Hayward, Conductor, North Raleigh Honor Band

Rashad Denzell Hayward is an alumnus of the University of North Carolina School of the Arts, the Triangle Youth Philharmonic and Triangle Youth Symphony. Mr. Hayward was honored to be selected first chair for four consecutive years in county, district and state level auditions. He received the Semper Fidelis award from the Marine Band Youth Association as a Performing Artist and Outstanding Musician. He also won the Durham Symphony Young Artist Competition and the Omega Psi Phi Talent Search. Mr. Hayward has studied with William Henry Curry, the Associate Conductor of the North Carolina Symphony. He has worked with young Orchestra players as the Vivaldi Symphonic Orchestra Conductor for Kidznotes since 2013, the Philharmonic Association Intern Conductor 2013 - 2014, and the Triangle Youth Philharmonic Assistant Conductor during the 2014 -2015 and 2015-2016 seasons. As a visiting conductor for both Triangle Youth String Orchestra and Sinfonia and now the North Raleigh Honor Band Conductor, Mr. Hayward utilizes his keen knowledge of classical repertoire to create rehearsals that are effective, challenging, and engaging.

Kyle Ellington, Assistant Conductor, North Raleigh Honor Band

Mr. Ellington will earn his Bachelor’s Degree in Music Education from Appalachian State University in December, 2016 after serving as band student teacher at Millbrook High School for the fall semester. While attending Appalachian State University, he performed in the Wind Ensemble, Symphony Orchestra, and Marching Band. During his senior year, he held the position of Undergraduate Director of the Marching Mountaineers and served as Treasurer for Kappa Kappa Psi, the honorary band service fraternity. A native of Zebulon, North Carolina, Mr. Ellington attended Franklin Academy High School playing trumpet in ensembles under the direction of Lisa Burn and Tony Robinson. Before high

school, he studied privately on trumpet with Lisa Burn, Don Eagle, and Tim Stewart. While maintaining a very active performance schedule on trumpet, Mr. Ellington has also become associated with the following groups: North Carolina Music Educators Association, International Trumpet Guild, National Association for Music Education and Kappa Kappa Psi.

Hannah Scanlon, President, Music Is Instrumental

Hannah Scanlon is the President and Founder of Music Is Instrumental, Inc. Hannah is a senior at Millbrook High School and an active participant in their Marching Band and Wind Ensemble programs. She has been studying piano for 12 years, playing oboe for 8 years, and playing bass drum in the marching band for nearly three seasons. Hannah has played in numerous ensemble groups outside of school including All-District Band, All-Regional Orchestra, All-State Orchestra, Triangle Youth Symphony and Philharmonic, and North Carolina's Governor's School, as well as several summer band camps.

Heather Scanlon, Board of Directors Chair, Music Is Instrumental

Heather Scanlon first conceived of the concept that grew into Music Is Instrumental after seeing her oldest children struggle to find musical outlets in the Triangle that were commensurate with their playing abilities. The "Seven Scanlons" relocated to the Triangle area in 2012 to take advantage of the more family-focused lifestyle, but missed the strong focus on music education from elementary school through high school in their prior school system. Mrs. Scanlon, in partnership with her daughter Hannah, decided to use her decades of corporate and non-profit experience to help create Music Is Instrumental as a solution to this problem and positive contribution to her new community.

John Scanlon, Secretary & Treasurer, Music Is Instrumental

John Scanlon is the proud father and husband of the brains and passion behind Music Is Instrumental. He is delighted to offer his decades of experience as a corporate officer, technologist and charitable organization board member to help make the business operations of MII run smoothly.

Mentor Description

Honor Band mentors are unpaid high school volunteers who serve as sectional leaders for portions of the band. Mentors are expected to attend band rehearsals approximately once each month according to the Honor Band schedule, spending their time leading sectional instruction and playing alongside their cohort and the middle school Honor Band musicians in the larger band. Mentors take direction from the Conductor with respect to music related decisions, and are wholly responsible for determining how best to achieve the Conductor's desired outcomes via sectional instruction. Mentors are encouraged to also attend Honor Band performances.

Mentor Eligibility Criteria

Mentors must be accomplished musicians with sufficient personal maturity and competence to take on this position of significant responsibility. Mentors are expected to participate in the highest level band

program in their school, or an equivalent. Recommendations from Band Directors and existing Mentors may receive preferential consideration for new mentor positions.

Service Hours

Music Is Instrumental is pleased to recognize Mentors for the service hours they perform on behalf of our community. Mentors are asked to log their hours online at the MII website. MII staff will then sign off on hours or provide documentation as needed on a quarterly basis. MII staff are also willing to write recommendations for deserving Mentors for use with college applications, summer program applications, etc.

Code of Conduct

Mentors are expected to behave at all times in a manner that reflects positively upon the North Raleigh Honor Band. Any conduct by a mentor which fails to meet this standard in the eyes of the Honor Band Conductor, the President or MII Board Members shall be grounds for involuntary dismissal from the Honor Band. Without limiting the general standard above, mentors are expected to adhere to the same standards of conduct as the student musicians, which are:

- Demonstrate courtesy, even when others do not
- Behave in a responsible manner, always exercising self-restraint
- Be on time for all rehearsals and performances
- Prepare for each rehearsal or performance; bring appropriate materials as required
- Meet dress code standards
- Obey instructions from the Conductor, Assistant Conductor and/or Music Is Instrumental, Inc. Board members
- Respect the property of others, including the music and facilities provided for rehearsals and performances
- Cooperate and assist adults in maintaining safety, order and discipline
- Report any concerns to a MII Board Member immediately
- Refrain from using profanity, insulting or bullying language

In addition, as part of the faculty for the North Raleigh Honor Band, mentors are required to adhere to the following additional expectations:

- mentors should never handle or attempt to repair a student's instrument
- mentors may not meet with student musicians outside of scheduled rehearsals and performances
- mentors may not exchange email addresses, phone numbers and/or home addresses with musicians
- mentors should refrain from any physical contact with musicians, other than hand-to-hand contact such as shaking hands, high fives, fist bumps, etc.
- mentors should report any unusual student behavior, suspected problems with a student, and/or concerns about a student to a MII Board member immediately
- mentors should avoid being in any location alone with a single student whenever possible.

Dress Code

For rehearsals, mentors may wear season-appropriate comfortable clothing that meets the dress code requirements for their school. No logos or signs depicting guns, violence, alcohol, drugs and/or sexual activity or innuendo may be worn.

Attendance and Cancellations

Where infrequent circumstances such as the death of an immediate family member or a significant illness prevent a mentor from attending a regularly scheduled practice, the mentor must make every effort to inform MII of the planned absence prior to the beginning of practice. A single unexcused absence for a practice or performance may be considered as grounds for a musician's involuntary dismissal from the program.

Inclement Weather Policy

Where weather conditions or other concerns dictate, MII will endeavor to notify mentors and their families of canceled rehearsals or performances as quickly as possible. The primary means of communicating cancellations will be the MII website (www.musicisinstrumental.org) and email.

Remember What It Was Like To Be a Middle Schooler?

Intellectual Characteristics

- Prefers active involvement in learning
- Motivated to learn when lessons are related to immediate goals and interests
- Argues to clarify own thinking and to convince others
- Possesses a vivid imagination
- Exhibits independent, critical thinking
- Forgets easily because his/her mind is so preoccupied with other issues
- Likes to discuss experiences with adults
- Shows intense curiosity about the world and him/herself

Social Characteristics

- Desires social acceptance
- Seeks peer relationships in order to conform to group norms
- Vacillates between desire for regulation and direction and desire for independence
- Wants identification with adults but not always willing to accept their suggestions
- Shows willingness to work and sacrifice for social rewards
- Tests limits of acceptable behaviors
- Easily loses track of time

Emotional Characteristics

- Relates self-esteem and self-concept to degree of physical development
- Questions whether he or she is normal

- Desires attention, sometimes without regard to how it is secured
- Shifts moods rapidly
- Can become rebellious toward adults

KEY CONTACT INFORMATION

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